



ASIAN YOGA FEDERATION

(CONSTITUTED ON 17TH MAY, 2010 AT PANCHKULA (HARYANA) INDIA)
(Regd. Under the Societies Registration Act, XXI of 1860, Regd. No. 4755 dated 25.04.2018)

Member

INTERNATIONAL YOGA FEDERATION

REGD. OFFICE: Flat No. 501, GHS-93, Sector-20, Panchkula-134116 (Haryana)

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Website:- www.asianyogafederation.com

CONSTITUTION OF ASIAN YOGA FEDERATION

1. NAME

The name of the Organisation shall be **Asian Yoga Federation**.

2. REGISTRATION

The Federation shall be registered under the Societies Registration Act.

3. AFFILIATION

The federation shall be affiliated to the International Yoga Sports Federation.

4. HEADQUARTERS

The office of the Federation shall be at Flat No. 501, GHS-93, Sector-20, Panchkula-134116, Haryana (India), unless otherwise fixed by Federation from time to time.

5. JURISDICTION

The jurisdiction of the Federation shall extend all over the Asian Countries.

6. AIMS AND OBJECTIVES

- a) To Promote, Encourage, Popularize, Standardize and Supervise Yoga Activities in the Asian Countries.
- b) To encourage the formation of National Yoga Federations in the Asian Countries.
- c) To arrange and supervise the Yoga Championships, Yoga Camps, Yoga Seminars, Yoga Clinic, Yoga Workshop, Yoga Courses and other Yoga Contests in the Asian Countries.
- d) To arrange, regulate and if necessary finance visits of the Officials of Asian Yoga Federation in Asian Yoga Sports Championship and World Yoga Championship.
- e) To organize Asian Yoga Sports Championship, Asian Yoga Sports Federation Cup and World Yoga Championship/Cup/International Yoga Championship.
- f) To organize Asian Yoga Seminars and International Yoga Seminar.
- g) To conduct Asian Yoga Referee examination.
- h) To perform all such others acts as may seem to the Federation to be relevant and conducive to attainment of the aims/objectives of the Federation.

7. FINANCEIAL YEAR

The financial year of Federation shall be from 1st April to 31st of March of the following years.

8. CONDITIONS:

- a) The income and Property of the federation shall be applied solely towards the promotion of the object of the federations as set forth in Memorandum of Federation and no portion thereof shall be paid to or transferred directly or indirectly to the members of the federation.
- b) No member of the Governing body of the federation shall be appointed to any salaried offices of the Federation or any office of the Federation paid by fees and no remuneration shall be given by the Federation to any member of such governing body except repayment of out of pocket exp. & interest on money lent or rent for premises demised to the Federation.

- c) The Federation by its constitution is required to apply its profits, if any, or the other income in promoting its objects.
- d) If upon the winding up or dissolution of the Federation there remains after satisfaction of all its debts and liabilities, any property whatsoever, it shall not be distributed among the members of the Federation, but shall be given or transferred to some other institution having objects similar to the objects of the federation to be determined by the members of the federation at or before the time of dissolution.

9. TERMS OF ADMISSION OF MEMBERS

a) **MEMBERSHIP:** The membership of the Federation shall confine to National Yoga Federation of Asian Countries/International Level Autonomous Organizations working in the field of Yoga.

b) **MEMBERSHIP FEE AND SUBSCRIPTION OF ASIAN YOGA FEDERATION:** The fee payable to the Federation shall be as following:-

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|---|---|------------------------|
| i. Annual Affiliation Fee for National Yoga Federations | : | U.S. \$ 250 Annually |
| ii. Entry Fee per player per event for Asian Yoga Sports Championship | : | U.S. \$25.00 |
| iii. Player Registration Fee | : | U.S. \$ 20/- (Once) |
| iv. Honorary Membership Fee: Individual Person | : | U.S. \$ 150/- Annually |
| v. Honorary Membership Fee: Yoga Organization | : | U.S. \$ 200/- Annually |
| vi. Life Membership Fee | : | U.S. \$ 800/- |
| vii. Asian Yoga Referee Diploma Examination Fee | : | U.S. \$ 100/- |
| viii. Asian Yoga Teacher's Diploma Examination Fee | : | U.S. \$ 250/- |
| ix. Membership Identity Card Fee (Office Bearer AYF/ President/Secretary, National Yoga Federation, Asian Yoga Teacher/ Asian Yoga Referee) | : | U.S. \$ 20/- |
| x. Space on the website of Asian Yoga Federation for displaying information of National Yoga Federations/Yoga Organisation | | |
| One time charges | : | U.S. \$ 250/- |
| Annual maintenance charges | : | U.S. \$ 100/- |

10. CONSEQUENCES OF NON-PAYMENT OF SUBSCRIPTION FEE

The Annual Subscription shall be payable by 31st March of every year. Member/Unit who shall be defaulted in making payment of dues will lose the right to vote, and attend meetings of the Federation.

11. FINE AND FORFEITURES TO BE IMPOSED ON ANY MEMBER

If an affiliated unit does not pay the annual subscription fees for at least two consecutive years, its affiliation will be annulled. The affiliation fee alongwith all the dues have to be deposited by the unit to get its affiliation renewed.

12. CATEGORIES OF MEMBER OF THE FEDERATION

(a) **Office Bearers:** The office bearers of the Federation, who shall be elected for a term of four years.

(b) **Accredited Representative:** Two accredited representative of each affiliated unit.

13. RESIGNATION AND EXPULSION OF MEMBER/OFFICE BEARERS

Resignation: Any member, who desires to resign from the Federation, shall give resignation in writing to the President, at least one month in advance.

Federation has the right to expel any member, if found violating the laws of federations for doing any anti federation activity, with the approval of Executive Committee.

14. FORMATION OF GENERAL BODY

General Council: The General Council shall consist of the Office Bearers and two accredited representative of each affiliated unit.

15. POWER & FUNCTION OF THE GENERAL COUNCIL

- a) To elect office bearer once in four years.
- b) To explain and interpret the rules & regulations of the Federation and to give decision on any point not covered in rules.
- c) To receive the report of the Secretary General, regarding the activities of Federation during the session.
- d) To exercise such powers as are conducive to popularize Yoga in Asian country.
- e) To scrutinize, accept or reject new membership in accordance with the rules of the Federation.
- f) To receive the report of the financial position from the Treasurer.
- g) To arrange, control and frame rules, regulations or bye laws of the Asian Yoga Sports Championship/Asian Yoga Sports Federation Cup.
- h) To impose and enforce penalties for any violation of rules or bye-laws of the Federation.

16. MEETING/QUORUM/NOTICE OF THE GENERAL BODY

(A) Meeting And Notices: Annual meeting of the General Council shall be held with the approval of the President with 15 days notice given by the federation for the following purpose:-

- a) To confirm the minutes of the previous Annual General Meeting.
- b) To confirm the audited statement of accounts and the budget estimate presented by the Executive Committee.
- c) To allot Asian Yoga Sports Championship.
- d) To discuss any other matter with the approval of the President.

(B) Quorum: The quorum of the General Council meeting shall be one third of the members on roll. If within half an hour a quorum is not present, the meeting shall stand adjourned to the next date decided by the members present. If at such adjourned meeting a quorum appointed for the meeting is not adequate, the members present at such meeting shall form a quorum.

17. FORMATION OF GOVERNING BODY

Executive Committee: All the office bearers of the Federation and executive members shall be the members of the Executive Committee. The work of the Federation shall be carried out by this Executive Committee for a period of four years.

18. THE STRENGTH OF THE EXECUTIVE COMMITTEE INCLUDING DETAILS OF OFFICE BEARERS

The following shall be the office bearers of the Federation, who shall be elected for a term of four years.

i	President	:	One
ii	Working President	:	One
iii	Senior Vice President	:	Two
iv	Vice Presidents	:	Five
v	Secretary General	:	One
vi	Organizing Secretary	:	One
vii	Director Competitor	:	One
viii	Joint Secretaries	:	Five
ix	Secretary IT	:	Two
x	Treasurer	:	One
xi	Executive Members	:	Eleven

19. MODE OF ELECTION OF THE EXECUTIVE COMMITTEE

- The office bearers of the federation shall be elected after every four year.
- In the election of the New House of the Federation, each affiliated unit (National Yoga Federation) shall have Two Votes of their President and the Secretary or duly authorized by the National Yoga Federation to their representative in the absence of the President and Secretary of the National Yoga Federation.
- The President, Asian Yoga Federation at a meeting may have a Casting Vote in case of tie.

20. POWER & FUNCTIONS OF EXECUTIVE COMMITTEE.

All the office bearers of the Federation and executive member shall be the members of the Executive Committee/Governing Body. The work of the Federation shall be carried out by this Executive Committee/Governing Body for a period of four years.

- To supervise the general management of the federation.
- To carry out the decisions of the general council.
- To accord membership to any National Yoga Federation and other International Level Autonomous Organization working in the field of Yoga.
- To manage the funds of the Federation.
- To impose or enforce penalties for any violation of laws of the Federation.
- To appoint Sub-Committees.
- To prepare the budget estimates of the Federation.
- To find out ways and means for augmentation of finances.
- To co-opt an office bearer in the events of vacancy arising.
- To conduct Asian Yoga Referee's Diploma / Asian Yoga Teacher's Examination.
- To form the Governing Body for day to day function of the Federation.

GOVERNING BODY: The seven members of Governing Body will be nominated by the Executive Committee of Federation to carry on day to day functioning of the Federation.

21. MEETING/QUORUM AND NOTICE OF EXECUTIVE COMMITTEE /GOVERNING BODY

(A) Meeting and Notices : The meeting of the Executive Committee/ Governing Body shall be held with the approval of the President with 15 days notice given by the federation, whenever it is required.

(B) Quorum: The quorum of the Executive Committee/ Governing Body meeting shall be one third of the members on roll. If within half an hour a quorum is not present, the meeting shall stand adjourned to the next date decided by the members present. If at such adjourned meeting a quorum appointed for the meeting is not adequate, the members present at such meeting shall form a quorum.

22. POWER & DUTIES OF EACH OF OFFICE BEARER

- a) **President:** - The President shall be the Chief Executive Officer of the Federation. He shall preside over all the meetings of the General Council and Executive Committees. He may also exercise his casting vote in case of tie.
- b) **Working President/Senior Vice President:-** In the absence of the President, the Working President, if present or Senior Vice President shall preside over the meetings and exercise all the powers of the President in the meeting.
- c) **Vice President:-** In the absence of the President, Working President and the Senior Vice Presidents, senior most Vice President shall preside over the meetings and exercise all the powers of the President in the meeting.
- d) **Secretary General:-** The Secretary General shall be responsible for carrying out the business of the Federation regarding minutes, issuing notices and conducting Asian Yoga Sports Championship. In case President/Working President/Sr. Vice Presidents/Vice Presidents are not available then Secretary General shall preside over the meeting.
- e) **Organizing Secretary** - The Organizing Secretary shall assist the Secretary General in day to day work and in the absence of Secretary General, Asian Yoga Federation, shall act as Secretary General.
- f) **Director Competition:-** The Director Competition will coordinate Yoga activities of the National Yoga Federations of their respective Countries and will conduct Asian Yoga Sports Championship as per rules and regulations laid down by Asian Yoga Federation.
- g) **Joint Secretary:-** The Joint Secretary shall assist the Secretary General and Organizing Secretary-cum-Director Competition in day to day work.
- h) **Treasurer:-** The Treasurer shall be responsible for the funds of the federation. He shall maintain and present to the Executive Committee and General Council an audited statement of accounts of the session. He shall pay all the bills passed by the Secretary General.
- i) **Secretary IT:-** To maintain the website of the Asian Yoga Federation and to advertise Yoga activities of the Asian Yoga Federation all over the World through Internet and Online Social Media.

23. ATHLETES' COMMISSION

The Athletes commission shall be responsible for ensuring communication between the Asian Yoga Federation and Yoga Players and serving as a source of feedback. It will advise the Asian Yoga Federation on the perspective and needs of Yoga Players on inter alia,; (a) talent development, (b) training and competition scheduled; (c) redress of athletes grievances; (d) selection criteria; (e) logistical and administrative support; and (f) Players support and welfare.

24. ETHICS COMMISSION

The Code of Ethics shall establish minimum standard for the ethical and appropriate conduct by all the members of Executive Committee and Affiliated members of the Asian Yoga Federation.

25. GRIEVANCES & REDRESSAL COMMITTEE

Grievances & Redressal Committee with atleast a woman member will be setup to resolve the grievances regarding sexual harassment or any other problem of woman players.

26. BANK ACCOUNTS

- (a) The Bank accounts shall be in the Scheduled Bank and shall be operated jointly by two i.e The President and one out of two office bearers namely Organizing Secretary and Treasurer.
- (b) The accounts will be audited every year by a Chartered Accountant empanelled with the office of the Comptroller and Auditor General.
- (c) The audited Income and Expenditure statement of the accounts of Asian Yoga Federation will be presented by Treasurer of the Federation in the Executive Committee and further to be passed by the General Council of the Federation in the Annual General Meeting of the Asian Yoga Federation.

27. CONDUCT OF ELECTION:

- a) The election of the Federation shall be held after every four years.
- b) The election shall generally take place in the General Body meeting of Asian Yoga Federation and, where so required, may also take place at a specially convened General Meeting.
- c) The Returning Officer fully versed with the election procedure preferably senior advocate of Hon'ble High Court will be invited as Presiding Officer for smooth and fair conduct of the election of the Federation.
- d) Election shall always be by secret ballot.

28. VOTING

- (a) At the meetings of the General Council and Executive Committee each member's accredited representative shall have One Vote. No voting by proxy shall be allowed.
- (b) At the time of the Election of the New House of the Federation, each affiliated unit (National Yoga Federation) shall have Two Votes of their President and the Secretary General or duly authorized by the National Yoga Federation to their representative in the absence of the President or Secretary General of the National Yoga Federation.

29. Altering & rescinding of Rules & Regulations of Society (As per provision of Section 12 & 12-A of Society Registration Act, 1860): Will be applicable, if required.**30. The Manners of Dissolution of the Society (As per provision of Section 13 & 14 of Society Registration Act, 1860):** Will be applicable, if required.**31. ARBITRATION**

No affiliated unit shall go to court of law against the decision of the Executive Committee and the General Council of the Federation, until and unless the aggrieved member had approached the Board of Arbitrator consisting of the Federation President and three other members nominated by the President. The appeal of the aggrieved member shall be entertained only if it is accompanied with the protest fee of U.S. \$ 500. The decision of the arbitration committee shall be final. The Jurisdiction to resolve/deal all the legal/disputed matter will be at Panchkula (Haryana) India only, the headquarters of Asian Yoga Federation.

32. GENERAL RULES AND REGULATIONS

- a) The amendments to the constitution shall be made in the Annual General Meeting by a 2/3rd votes of the members present.

- b) All the proposed amendments shall be presented to the Secretary General in writing at least 30 days before the meeting and forwarded by him to each member at least 10 days before the meeting.
- c) The entry of the Team of all Competitions shall be accepted on the Entry Performa only, if it is accompanied by proper age proof certificate, Player Registration Card, Medical Fitness Certificate and Risk Certificate of each player duly attested and certified by the Secretary of the National Yoga Federation by the last date of entry.
- d) All the officials to supervise the championships shall be appointed by the President/Secretary General/Organizing Secretary.
- e) No protest shall be accepted by the Federation unless it is submitted in writing alongwith the requisite protest fee of U.S. \$ 500 within half an hour after the declaration of the results. If the protest is upheld, the fee shall be refunded.
- f) Only affiliated units shall be eligible to participate in the Asian Yoga Sports Championship/ Asian Yoga Sports Federation Cup.
- g) The Secretary General is empowered with the approval of the president to incur expenditure of Asian Yoga Sports Championship/Asian Yoga Sports Cup and Asian/International Yoga Seminars etc.
- h) All the T.A. bills and payment vouchers shall be passed for payment by the President.
- i) Expenditure of the President/Secretary General/Organizing Secretary/ Director Competition for their visit in the Asian Yoga Sports Championship/Asian Yoga Sports Federation Cup will be borne by the Asian Yoga Federation.
- j) The President/ Secretary General/Organizing Secretary/ Director Competition will visit the venue of Asian Yoga Sports Championship atleast two or three month prior to the championship, to review the arrangements of the championship, the entire expenditure for this visit will be borne by the host of the Asian Yoga Sports Championship.
- k) In the absence of any rules, the President/Secretary General of the Federation is fully empowered to take the decision, which shall be final.

33. AWARD OF CERTIFICATES AND MEDALS

- a) Medals and Merit Certificates of Asian Yoga Sports Championship/Asian Yoga Sports Federation Cup will be awarded by the Asian Yoga Federation.
- b) Souvenir Certificates to the participants of the Asian Yoga Sports Championship/Asian Yoga Sports Federation Cup will be awarded by the host National Yoga Federation.
- c) Three trophies (Overall winner, 1st Runner's up, 2nd Runner's up) will be awarded by the host of Asian Yoga Sports Championship.

34. AWARD OF COLOURS

The following shall be eligible for the award of Federation Colours:-

- a) The Office Bearers of the Asian Yoga Federation with the word of their respective post in the Federation.
- b) Qualified Asian Yoga Teacher of Asian Yoga Federation with the word 'ASIAN YOGA TEACHER'.
- c) Qualified Asian Yoga Referee of Asian Yoga Federation with the word 'ASIAN YOGA REFEREE'.



(Ashok Kumar Aggarwal)
President
Asian Yoga Federation